



Healthy Communities Action Teams to Prevent Childhood Obesity Grants (2026)

Background

VFHY funding provides infrastructure support to build and sustain Healthy Communities Action Teams (HCATs). These community collaboratives drive long-term policy, systems and environmental (PSE) changes that support at least one of eight healthy behaviors that prevent and reduce childhood obesity

1. Breastfeeding
2. Eating More Fruits and Veggies
3. Reducing Consumption of Energy-Dense Foods
4. Moving More
5. Decreasing Screen Time
6. Getting Enough Sleep
7. Reducing Stress with Increased Mindfulness
8. Decreasing Consumption of Sugar-Sweetened Beverages

Current Grant Cycle

July 1, 2023 – June 30, 2026

Release of Next RFP

August 2025

Next Grant Cycle

July 1, 2026 – June 30, 2029

Questions?

If you have general questions about the RFP, please contact VFHY Director of Programs Michael Parsons at mparsons@vfhy.org or at 804-225-3619.

