

BRIEF PROGRAM DESCRIPTION

Developed by the Mendez Foundation, Too Good for Drugs (TGFD) is a school-based prevention program proved to reduce the intent to use alcohol, tobacco and illegal drugs among kids in grades K-12.

SPECIFIC OUTCOMES

TGFD reduced students' intentions to smoke cigarettes, drink alcohol and smoke marijuana.

SPECIFIC TOBACCO CONTROL LESSONS AND OUTCOMES:

- Specific Lessons
 - o Grade 2, Lesson 9: Because I Care
 - o Grade 3, Lesson 8: The Truth About Tobacco Advertising
 - o Grade 4, Lesson 8: No Butts About It
 - o Grade 5, Lesson 9: Smoke Screen
 - o Grade 6, Lesson 7: A Dead End
 - o Grade 7, Lesson 7: A Toxic Waste
 - o Grade 8, Lesson 7: The Social Hacker
 - o High School, Lesson 7: Vaporware
- Tobacco Control Outcomes: Students who have completed the program will be less likely to use tobacco products.

AUDIENCE CHARACTERISTICS

Age Range: 5-18

Grades: K-12

Gender: Male and Female

PROGRAM DETAILS

Type of Program: Prevention

Audience Size: Minimum 10/Maximum 24

Number of Lessons: 10

Minimum Lessons Required to Achieve Fidelity: 10

Length of Each Lesson: 30-50 minutes

Frequency of Implementation: One lesson per week

Duration of Implementation: 10 weeks

Recommended Intervention Site(s): School and community

HOW IT WORKS

TGFD uses the following research-based strategies proven effective in classroom settings:

- Multi-lesson, multi-grade level programming (10 lessons/K-12).
- Normative education provides accurate information about the percentage of youth who use drugs and the percentage who would disapprove if their friends used drugs.



- Information on harmful effects of drug use raises students' perception of risk.
- Pro-social skills development features goal-setting, decision-making, coping, communication and peer-refusal skills.
- Diverse roleplay situations relating to substance use and associated problem behaviors provide many opportunities for practice.
- Cooperative learning promotes pro-social skills and academic development.
- Parental involvement is encouraged through a parental component that promotes discussion and reinforces concepts/skills students learn in TGFD.

IMPLEMENTATION ESSENTIALS

To Replicate with Fidelity:

- Conduct one lesson per week for 10 weeks (K-12).
- Teach the full scope and sequence of the program.
- Appoint a schoolwide TGFD coordinator and grade-level coordinators, if desired.
- Utilize curriculum workbooks.

Program Evaluation Tools Available?

Yes, pre-/post-test in each curriculum



MATERIALS AND TRAINING

Required Materials:

Each kit includes 25 student workbooks

- Kindergarten Kit: \$179.95
- First Grade Kit: \$179.95
- Second Grade Kit: \$179.95
- Third Grade Kit: \$199.95
- Fourth through Eighth Grade Kits: \$265.95
- High School Kit: \$395.95
- Additional Student Workbooks:
 - Grades K-3: \$39.95 per pack of 25
 - Grades 4-12: \$49.95 per pack of 25

Training (Preferred)

- Training Cost: No cost to VFHY-funded grantees. VFHY will provide required training.
- Training Duration: Six hours
- Min/Max Number of Training Participants: Min: 5; Max: 30

Availability in Spanish: Spanish student workbooks available for grades K-3. Home workouts can also be downloaded in Spanish.

PROGRAM REPLICATIONS CONTACT INFORMATION

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ADDITIONAL INFORMATION

Website: mendezfoundation.org

SAMHSA's National Registry of Evidence-Based

Programs & Practices (NREPP) Review Documents:

legacy.nreppadmin.net/ViewIntervention.aspx?id=75