

## BRIEF PROGRAM DESCRIPTION

Positive Action is a program that empowers students, schools, families and communities to find their greatness by developing their own unique potential. It has been shown to improve multiple behaviors, academic achievement, and character in children and adolescents (3 to 18 years old). It is easy to use with lessons on each grade level (from Pre-Kindergarten to Grade 12) that are reinforced throughout the day by including school, family, and community components, which work together or can stand alone.

## SPECIFIC OUTCOMES

### Main Outcomes:

- Academic achievement improved:
  - Math improved 52%
  - Reading improved 21%
- Drug, alcohol and tobacco use reduced 71%
- Violence-related incidents reduced up to 85%
- Bullying reduced 41%
- Gang activity reduced 21%
- Voluntary sexual activity reduced 83%
- Truancy decreased 75%.
- Suspensions reduced 80%
- Overall health improvement: 5.6%
- Boys health improvement: 15.4%
- African-Americans health improvement: 12.7%

### Long-Term Outcomes:

- Dissing behaviors reduced 69%
- Dropout rates reduced by 37%
- Post-High School Outcomes:
  - Probability of post-high school employment increased by 18%
  - Probability of pursuing higher education after high school increased by 38%

## AUDIENCE CHARACTERISTICS

- Age Range:** Youth ages 3 – 18
- Grade:** Grades Pre K – 12
- Gender:** Both Male and Female

## PROGRAM DETAILS

- Type of Program:** Prevention
- Audience Size:** Maximum of 30 students
- # of Lessons:** Approximately 140 classroom lessons for Pre-K – 6; 82 lessons for Grades 7 – 8; 132 lessons for High School.
- Length of Sessions:** 15 – 20 minutes
- Duration of Implementation:** Varies depending on number



and frequency of lessons taught. Positive Action offers implementation plan options to achieve fidelity in any setting

**Training:** Preferred

## HOW IT WORKS

The program has Pre-K through 12 curricula that teach the positive actions for the physical, intellectual, social and emotional areas. Implementation is made simple with scripted 15-20 minute lessons and all required materials. Classroom teachers teach the curriculum using a grade-appropriate kit containing prepared materials and an Instructor's Manual with lesson plans. The program can be implemented in schools and community-based organizations.

*Additional components are:*

- Elementary Bullying Prevention Supplement Kit
- Grade 5 and Middle School Drug Education Supplement Kits
- Elementary and Secondary Climate Development Kits
- Counselor's Kit
- Conflict Resolution Kit
- Family Kit
- Family Classes and Parenting Classes
- Community Kit

## IMPLEMENTATION ESSENTIALS

To replicate with fidelity, utilize with willing leaders, faculty, staff, parents and community members. Use *The Positive Action Program Guidelines for Implementing with Fidelity*.

## MATERIALS

### *Required Materials*

1 Classroom Kit per classroom - \$390 – \$460 per kit

### *Optional Materials*

Elementary Bullying Prevention Supplement Kit - \$250  
Grade 5 Drug Education Supplement Instructor's Kit - \$390  
Middle School Drug Education Supplement Kit - \$460  
Climate Kits (for Elementary and Secondary levels) - \$460 each  
Counselor's Kit (includes materials for 6 individuals) - \$150  
Conflict Resolution Kit - \$75  
Family Kit - \$85  
Family Classes and Parenting Classes  
Instructor's Kits - \$980 - \$1450 per kit  
Community Kit - \$550

### *Training (Preferred)*

Implementation training is preferred and offered free of charge to VFHY grantees by VFHY staff.

## PROGRAM CONTACT

### *For material information, contact:*

Keri Metzger  
264 4th Avenue  
South Twin Falls, ID 83301  
Phone: (800) 345-2974  
Fax: (208) 733-1590  
E-mail: [info@positiveaction.net](mailto:info@positiveaction.net)

### *For program information, contact:*

Carolyn Pirtle  
264 4th Avenue South  
Twin Falls, ID 83301  
Phone: (800) 345-2974  
Fax: (208) 733-1590  
E-mail: [info@positiveaction.net](mailto:info@positiveaction.net)

## ADDITIONAL INFORMATION

Website: [www.positiveaction.net](http://www.positiveaction.net)

Program Information Worksheet

SAMHSA's National Registry of Evidence– Based Program & Practices (NREPP) Review Documents