BRIEF PROGRAM DESCRIPTION
The Model Smoking Prevention Program (MSPP) is a school-based curriculum designed for 10 to 13 year old students. The overall goal of the MSPP program is to prevent tobacco use among adolescents. Model Smoking Prevention Program of MSPP is a comprehensive tobacco prevention program that also addresses alternative tobacco products such as e-cigarettes. It includes the following:

- A curriculum designed for students in grades 5–8;
- A community action manual that provides ideas of how to address tobacco prevention community-wide through the involvement of parents, students, and other community members; and
- An eight-page parent brochure that motivates students’ family members to be involved in this important issue. All parent materials in this program are also available in universal Spanish.

SPECIFIC OUTCOMES
The intended outcomes are that adolescents will:

- Avoid tobacco use.
- Discontinue use of tobacco if they have experimented with it.
- Influence friends and family members to not use tobacco.

AUDIENCE CHARACTERISTICS
Age Range: 10 - 13
Grade: 5 - 8
Gender: Both Male and Female

PROGRAM DETAILS
Type of Program: Prevention
Audience Size: Minimum 8/Maximum 30
# of Lessons: 6 (1 per week)
Length of Sessions: 45 – 50 minutes
Duration of Implementation: 6 Weeks
Training: Preferred

HOW IT WORKS
The MSPP curriculum consists of six developmentally-appropriate classroom sessions for grades 5–10. Each session is 45 to 50 minutes in length fitting well into a normal class period. The curriculum’s educational strategies include: cooperative learning groups, group discussions, role-plays, reports, and goal setting. All activities are designed to actively engage the students rather than provide them with lecture-style lessons.

IMPLEMENTATION ESSENTIALS
To replicate with fidelity:
- All lessons must be taught in the designated sequence in order to achieve the desired outcome.

Although developed in the Midwest, the program is appropriate for students in all regions of the United States including urban and rural, all socioeconomic groups, and across ethnicities. The peer-led component of the MSPP program, which uses same-age group leaders to facilitate many of the classroom activities, increases the appropriateness of the program for any group of students since students respond well to their peers. Same-age peers are more likely than teachers or outsiders to speak the same language and have the same perspective as the students.
Model Smoking Prevention Program (MSPP)

MATERIALS AND TRAINING

Required Materials
- MSPP Complete Revised Curriculum - $249.95

Training (Preferred)
- Implementation Training - $3,500

PROGRAM CONTACT

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ADDITIONAL INFORMATION

Website: www.hazelden.org/bookplace
Program Information Worksheet